Herfstcriterium 2026: Session: 5: COACH evaluation sheet for TEAM: HOZT

Coachinfo: Warming up from: 09:00 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Melis Tom

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 30: 200M MEDLEY WOMEN 11-12 Heat:6, starttime: 11:45

Heat: 6/10 Lane : 7 Athlete: VAN DIJCK LOTTE **Q-time: 03:10:00**

PB (25m pool): 03:10.00 Arendonk 31/05/2026 **PB (50m pool):** 03:10.95 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:47.64		no time		no time		03:10.00
		00:47.64						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: